



Aug. 3 is National Night Out.

see page 5



Who makes the magic happen?  
see page 10



CDC spends a day at the circus.  
see page 14



## SPAWAR team returns from Antarctica

By Dave Ferguson  
SPAWAR, ATS Operational and Maintenance Branch

It's summer and a time to enjoy the barbecues, boating and the great outdoors, but for some Space and Naval Warfare Systems Center (SPAWAR) employees, Antarctica is where they spent their summer months.

They have been deployed for as long as six months in support of the National Science Foundation (NSF) and the United States Antarctic Program (USAP). Personnel from various branches of the ATS and Engineering Division (Code 67) are returning from the "ice" after completing a successful and record-setting season. They have been away from their families working in Antarctica-the highest, driest, coldest, most inhospitable continent in the world.

This year their efforts supported over 14,000 flight operations, all ship operations and other USAP initiatives.

The ATS Systems Engineering Branch (Code 672) installed the latest generation of automated weather stations, Automatic Meteorological Station AN/FMQ-19 (formerly the OS-21) at the South Pole. Two units are now operational, providing scientific weather collection and airfield operational support.

The Antarctic austral summer



An LC-130 makes an MMLS approach at the McMurdo Station in Antarctica.

operating season stretches from October through February, with the winter season filling in the remainder of the year. In late August 2003, 18 people from the ATS Operational and Maintenance Branch (Code 671) deployed to the McMurdo Station in Antarctica during a period referred to as Winter Fly-in (WINFLY) to assist the five personnel who were completing the winter-over season. Those five employees had been isolated at McMurdo from the time the last aircraft left in February 2003

until the WINFLY flights in August. The Antarctic experiences total darkness from approximately April through August each year.

The additional personnel were the winter-over relief and assisted in preparing for the austral summer season operations that began in October.

While the airfield construction was ongoing, Code 671 GEM personnel were busy deploying the FPN-36 radar system, ATC tower, TACAN and weather sensors located on the airfield.

The ATC and MET groups were also very busy during WINFLY. MET was training new personnel and science groups that deploy to field camps. ATC began development of the more than 50 terminal instrument procedures to be used by aircraft at the South Pole Station, as well as the airfields located in McMurdo.

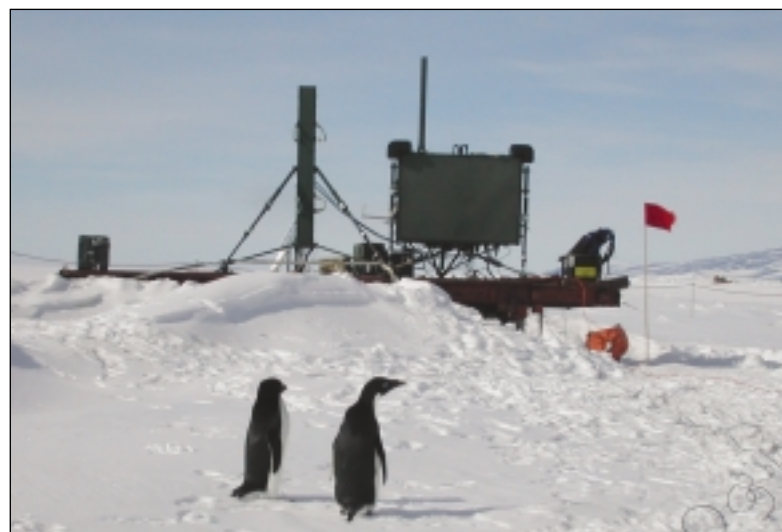
During WINFLY while the preparation for the start of Mainbody (the austral summer period when a majority of science and operational support occurs) was ongoing, a medical evacuation (MEDEVAC) situation developed at the South Pole.

GEM quickly moved to stand up

the emergent navigational aids while MET promptly commenced full operational services. MET personnel at the McMurdo Station working with MET personnel at SSC Charleston provided weather forecasts for the South Pole and McMurdo Station in coordination with the British Antarctic Survey in the Falkland Islands, the National Center for Atmospheric Research, Ohio State University and the University of Wisconsin. This extensive collaborative effort was undertaken to ensure the best possible information was available to develop forecasts for the MEDEVAC mission.

The MEDEVAC aircraft entered the Antarctic continent from Punta Arenas, Chile, and faced a 10-hour flight from Rothera Station to the South Pole. In the meantime ATC was standing by in case the MEDEVAC flight was directed to McMurdo, the alternate airfield for the MEDEVAC, in lieu of returning to Rothera. The MEDEVAC was successful and the patient was returned to the U.S.

As always in such an extreme environment, weather is a major determining factor when conducting operations.



A couple of locals check out the MMLS installation. Everything was found to be "cool" with them.



## Naval Weapons Station Charleston



### Mission

*To provide ordnance and waterfront management, quality of service and logistic support in a secure multi-service environment.*

Commanding Officer  
**CAPT Robert M. Zalaskus**  
Executive Officer  
**LCDR Wesley S. Smith**  
Business Manager  
**Rita Schmitt**  
Command Master Chief  
**CMDMC(SS) Tim Domrose**

### About the Shoreline

The Navy Charleston Shoreline is an authorized publication for members of the military services and their families. Its contents do not necessarily reflect the official views of the U.S. government, the Department of Defense, the U.S. Navy and do not imply endorsement thereof. The editorial content and any supplement is prepared, edited and provided by the Public Affairs Office of NWS Charleston.

The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement by the Department of Defense, the U.S. Navy, NWS Charleston or Diggle Publishing Company, of the products and services advertised.

Everything advertised in the Navy Charleston Shoreline shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron.

### Deadlines

Deadline for all routine copy is close of business the Friday before publication. The Shoreline reserves the right to edit all copy submitted for publication.

### Editorial Content

Questions and comments can be directed to the editor. The Navy Charleston Shoreline can be reached at (843) 764-4094 or by fax at (843) 764-7307 or write the Navy Charleston Shoreline, 2316 Red Bank Road, Suite 100, Goose Creek, SC 29445. All news releases should be sent to this address.

### Editorial Staff

Public Affairs Officer  
**Susan Piedfort**  
Deputy Public Affairs Officer  
**JOCS Scott Bassett**  
Leading Petty Officer/Editor  
**JO2 Christal A. Bailey**  
Reporter/Graphics and Design  
**Bart Jackson**  
PAO Staff  
**ET3 Jeanna Gibson**  
**MM3 Mark Taylor**  
**Publisher**

The Navy Charleston Shoreline is published and distributed by Diggle Publishing Company, a private firm in no way connected with the U.S. Navy and under exclusive written contract with the U.S. Navy. It is published by Diggle Publishing Company whose mailing address is 1858 Houghton Drive, Charleston, SC 29412. Estimated readership is over 10,000.

### Advertising

Advertisements are solicited by the publisher and inquiries regarding advertisements should be sent to: Diggle Publishing Company, Tel-(843) 972-2356; Fax-(843)856-0098; chuck@digglepub.com.

# Captain's Log

By Capt. Robert M. Zalaskus

Commanding Officer, Naval Weapons Station Charleston

Have you saved a life today?

Think about it. Opportunities surround us daily. Are you the supervisor that just signed out a subordinate on leave knowing their plan to drive several hundred miles on little sleep? Are you the co-worker proving you can get to Gate 4 faster than your associate on the back roads of the base? Are you a new employee perhaps a little hesitant to inform your supervisor that this may be your first time performing a risky task? Considering how fragile is the chain of events that underlies most accidents it is a wonder they happen at all. It often only takes one person to stop, to question, to check, to reconsider a plan to rewrite a tragic incident-but so often instead we just watch bad things happen.

The CNO has challenged all of us to cut the number of accidents, mishaps and lost time incidents by 50%. Yet our statistics continue to climb. We preach "be careful," "drive safely," "be safe" in public forums as if just saying the words will cast a protective shield or at least absolve supervisors of further responsibility for mishaps. Some argue that there is no way to prevent something that is unexpected-that's why they are called accidents. We print warnings and notices of danger and hazards; we sit through classes on the theory of risk management; we wish the statistics were better, and still, we watch the numbers rise.

While no one plans to injure themselves or to damage property when they wake up, if your feeling is that we should expect such mishaps to occur in the workplace, then I say we have the wrong attitude. I don't subscribe to the notion that we should just expect accidents as a human trait anymore than I expect my paycheck to be wrong every two weeks. No, most of us expect our pay to be right every time and we do not tolerate otherwise. We expect those involved in our pay are knowledgeable, focused and check their work. Why then should safety be any different?

A few years ago in a west coast shipyard, arguably a hazardous environment, the crew of the USS Seahorse decided it could take control of safety and procedural error (a reasonable goal especially when it came to testing the nuclear power plant.) Their approach came down to managing three things well:

\* The work force had to know what it was doing. Training in procedures,

rules, lessons learned, etc. with routine refresher training to elevate awareness.

\* After a critical step or period such as lining up a valve sequence, individuals checked themselves and depending on how significant the process was or the significant consequences of doing it wrong, they checked each other. Lastly,

\* When it came to performing the procedure or conducting the evolution, everyone knew they had to pay attention-to concentrate on the task at hand.

Of all the steps, the last one was clearly the hardest. It took personal motivation, commitment and the help of co-workers senior and junior to make sure that each player was "in the game" when it counted. Here at Naval Weapons Station we do fairly well in the first element. Rick Dangerfield and his dedicated Safety office bring the training and the knowledge to the work force. We do somewhat reasonably well on the second element, checking on each other such as watch rotation, evolution supervision, etc. But I'm convinced our biggest gains will be in the third element, personal focus. Consistently concentrating on one's task is not easy. Some liken it to weightlifting. You build up to a level but can lose that level without sufficient rest and even after extended rests such as leave. I think concentration is enabled by a positive attitude.

Before you write this off as another cookbook theory, the USS Seahorse had zero incidents in two and a half years in overhaul and, a little closer to home, the International Longshoremen Association (ILA) employees who loaded nearly 2 million measurement tons of heavy combat equipment on board about 50 ships did so with zero incidents and two minor personal injuries - with no lost time. This Station and its professional tenants can establish a culture of safety without a new software program, without outsourced management tiger teams, without fleet or region taking charge. We can make this happen because it is the right thing to do and because we want to. But this must be more than words and our goal must be "well done" vice "well said." The Seahorse approach is one concept, the ILA had another. I invite you to add to the toolkit.

Have you saved a life today? With a culture of safety complemented by programs such as PREVENT, suicide prevention, victim's advocacy, even personal fitness and the healthy worker program, I hope your answer to that question is "the day ain't over yet."

# Chaplain's Corner

Chaplain Joseph Daniel Johnson, LT, USNR

Naval Weapons Station Charleston Protestant Chaplain

Occasionally an elder person will ask me, "How's life treating you?" My usual response is, "Life is teaching me many lessons."

One particular lesson I have learned combines time with faith and involves heavyweight-boxing champion George Foreman. In 1968 he became an Olympic Champion. During 1973-74 Foreman put fear into most of his opponents with his awesome exhibition of punching power and brute strength. Then on Oct. 30, 1974, Muhammad Ali knocked Foreman out in the eighth round of their title fight from Kinshasa, Zaire. Two and a half years later on March 17, 1977, Foreman lost a 12-round decision to Jimmy Young and states, "...it wasn't a tough fight or anything. After I found out I had lost, I went back to the dressing room...just a normal cooling off. And let me tell you business picked up for me there! I had always prayed to God. I believed there was probably a God somewhere."

In the April 2004 issue of Guideposts, Foreman shares how his boxing disappointments transformed him "from the inside out." After his loss to Young, Foreman states, "felt forced to my knees. The room went dark, for me, at least. It was as if someone yanked me out of my body and took me to the bottom of the bottom of the bottom. There was nothing there. No life. No hope. Nothing. Just an emptiness so vast it seemed eternal."

The biblical account of Job is also helpful while learning life's lessons. Job was minding his own business as the scripture relates, "One day...he lost all of his wealth, workers and children." (rf. Job 1:6-20). Next the record states, "On another day... Job was afflicted with painful sores from the soles of his feet to the top of his head." (rf. 2:1-7, 11-13) From read-

ing Job's tragedy I have learned a few ways to handle discouraging moments. As Job experienced discouraging days: (1) he according to chapter one, verse 20 worshipped God. To recognize that our Creator is worthy of our adoration and affection in the midst of pain and suffering is one lesson that I learn from brother Job. (2) Job waited and waited on God for complete restoration. From chapter two, verse 13 to the story's Epilogue, we find that Job had friends attempt to comfort, console and even criticize him. I learn that Job was determined to wait for God to restore all that he had lost. (3) Lastly, after Job had dialoged with God (rf. 38:1 - 42:6), "Job...prayed for his friends" and God blessed him (42:10). I learn from Job that prayer for my friends can help take my mind off of my problems, and there is a blessing to be gained when we pray for others' needs.

Like George Foreman, I too believe that there is a God somewhere. I have learned to appreciate the life the God has blessed me with. I have also learned that time does not belong to me. Time belongs to God. Your disappointments may transform you from the inside out. Your situations may force you to your knees, and cause you to feel empty. No matter how tragic a circumstance may be, I have learned that God makes everything beautiful in His own time - not mine (rf. Ecclesiastes 3:1-11). At some point we all deal with "One day" or "another day." However life treats you, whatever lessons you learn from life, be encouraged that it is a blessing to be alive. It is a blessing to be granted opportunities to learn from life's lessons.

If you need assistance in worshipping God, waiting on God or praying to God please do not hesitate to contact your chaplain. God bless you all and Keep Yo' Head Up! (rf. Psalm 121:1-2)



# Public Works drives a 'GEM' of a vehicle

CDR Manny Bautista, Naval Weapons Station Charleston's Public Works Officer (PWO), has found a unique way to get around, while saving the Station money and protecting the environment.

The little GEM (Global Electric Motors) vehicle is the newest addition to the transportation fleet at PWC Jacksonville, Charleston Zone. It is an innovative, zero-emissions, all-electric vehicle from DaimlerChrysler. Fully charged in approximately six to eight hours by simply plugging it into a standard 110-volt outlet, the GEM will take the PWO 30 to 35 miles at speeds up to 25mph before requiring a recharge. PWC has requisitioned two GEMs on a trial basis.

For Bautista the objective is to reduce transportation costs to meet shrinking Base Operating Service (BOS) budgets. "FY04 brought a significant reduction in our BOS funding, which forced the Station to implement numerous cost savings measures in order to meet FY04 budget targets," explained Bautista. "Measures included reductions in the number of administrative vehicles and reduced grounds maintenance and janitorial services. Though unpopular, these measures were successful in bringing costs down to stay within budget," he added.

According to Bautista, FY05 promises to bring even more BOS cuts. "To be successful in the next few years, we must think of 'out-of-box' and innovative ways to accomplish our mission. I consider the GEM vehicle a great and innovative way to reduce base transportation costs," he said.

"The GEM is perfect for my needs as an administrative vehicle," Bautista explained. "If I can get other tenant commands or Station departments to find appropriate applications for the GEMs, we stand to realize significant savings for the station, the tenant commands, and the government as a whole."

These vehicles will be available for leasing across the Southeast Region through the local PWC Transportation division. Customers will have a choice of two or four passenger models. Leasing will be contracted for a minimum of three year with an early turn-in penalty. PWC believes providing the



photo by Susan Piedfort

**CDR Manny Bautista shows off one of Naval Weapons Station Charleston's new Global Electric Motors (GEM) car. The GEM is part of the Station's effort to cut down on costs.**

alternative fuel vehicle-leasing program will save customers money.

The annual cost of leasing a compact pickup is \$4,257, a

passenger van \$5,561 and a GEM \$2,371. Included in these total is the cost of fuel. If a tenant command or WPNSTA department is interested, call 764-7001 ext. 12.

## Commander returns to where it all started

**By JO2 Christal A. Bailey  
Navy Charleston Shoreline**

The year. 1981. The plan. To open a Fleet and Family Support Center. The man. LTJG Barry Murphy.

Murphy reported onboard the Charleston naval base July 4, 1980 as a brand new Navy O-2. A native of Columbia, S.C., he chose Charleston as his first duty station. During his year as social worker on the naval base, he

worked out of an office in Naval Hospital Charleston.

"I was the first social worker at that hospital," Murphy said. "Then a few months passed and one of the senior nurses literally grabbed me by the hand and said they were holding a meeting in admiral's office," he said.

Little did Murphy know that the meeting would change the way the Navy in Charleston did business. The meeting was held to discuss implementing a family service center in the Charleston area. According to Murphy, the admiral said he didn't think it would be a good idea to duplicate services that were available in the civilian community.

"That's when I raised my hand and I said, 'Sir,'" Murphy remembered. "If I may. I know I've only been in the Navy as few months, but I was a social worker in the mental health center in Columbia. Many clients found it hard to pay," he said. "My thinking is for our junior Sailors who will be expected to pay if they go somewhere in the civilian world. Those are expenses that these Navy families haven't budgeted. They may not partake in these services because of the unexpected expense."

That was when Murphy suggested a center

that offered counseling and social workers free to Sailors and their families. "That was when the admiral looked at me and said, 'I think that's a great idea. Let's do it,'" Murphy said.

The rest is history. Fast forward 23 years later and Murphy is back working at the Fleet and Family Support Center (FFSC) he helped launch during the Center's 25th anniversary. Murphy said a lot has changed since he was last here. "I would say the biggest difference is the dramatic change in the number of Sailors and families," he said. Murphy said another change was the addition of Naval Nuclear Power Training Center and Nuclear Propulsion Unit. "One of main focuses is to support the schools."

Murphy said his time in between the Charleston Naval Base FFSC and the Naval Weapons Station Charleston FFSC was great. "People often ask if I would change what I've done and stay in Columbia," he said. "I just tell them I wouldn't change it for the world. Because of the Navy I've been able to experience the world."

"I often wonder how did we get here so fast," Murphy said. "It's very humbling to be back where I started and a privilege to be here."



photo by JO2 Christal A. Bailey

**CDR Barry Murphy is part of the Fleet and Family Support Center Charleston. Murphy returned to the Center after helping launch Charleston's first FFSC 23 years ago.**



# Briefly Speaking

## National Night Out

On Aug. 3, Naval Weapons Station Charleston neighborhoods will join forces with thousands of communities nationwide for the 21st Annual National Night Out (NNO) crime and drug prevention event.

The event begins at the Community Center at 6 p.m. and will feature activities for the entire family, plus hot dogs, cotton candy and sno cones, crime prevention information, safety giveaways, a dunk booth, jump castle and representatives from People Against Rape, My Sisters House, Station Housing, Navy Fleet and Family Services, Medical University of South Carolina and the local Navy Wives Club of America. The evening will also provide an excellent opportunity for residents to meet their neighbors, law enforcement officers, fire-fighters and EMS personnel.

National Night Out, sponsored on Station by the Security Department, will involve more than 32 million people in thousands of communities nationwide. The evening is designed to heighten crime and drug prevention awareness, generate support for and participation in anti-crime programs, strengthen neighborhood spirit and police-community partnerships and send a message to criminals that neighborhoods are organized and fighting back.

## Marrington Middle School

Marrington Middle School welcomes all returning students and new students. Fourth graders will be added to the school's population this year. There will be a meet the teacher night Aug. 4 at 5:30 p.m. for fourth grade students and parents. On Aug. 5, fifth through eighth grade students and parents will have a meet the teacher night at 5:30 p.m. School begins Aug. 9 for all students.

## Pharmacy installs new system

The pharmacies at Naval Hospital Charleston and the Branch Medical Clinic are in the process of installing an automated prescription system. For the next four weeks, customers may experience longer wait times, trainers at the windows, construction and higher noise levels.

## Self-Help store new hours

The Self-Help Store will change its hours July 26. New hours of operation are: Tuesday through Thursday, 8 a.m. to 5 p.m.; Saturdays, 7:30 a.m. to Noon and 1 p.m. to 4 p.m.; Sundays and Mondays, closed. For more information, contact John Forsythe at 764-7218.

## Yoga certification

Those interested in teaching yoga can obtain certification at Naval Weapons Station Charleston through the YogaFit Teacher Training Workshop (LEvel 1). The workshop will be held Aug. 21 through 22 from 8 a.m. to 6 p.m. in the Group Exercise Room. The tuition for this two-day workshop is \$329 per person. Register by July 23 and pay \$299. For more information contact Cyndi Malinen at 764-4173, or Mark Mikhitarian at 764-7530.

### What aspect of military life has had the greatest impact on you?

Looking back on the years that my family spent in the military, I find myself with many wonderful memories, like the time my dad took my brother and me out on a naval destroyer one day, and the time we toured a submarine, but that is not what I remember the most. Most of all, I remember that the people that were in the military alongside us had a sense of camaraderie and family, and that sense of family is what meant the most to me during those years and is the reason that military life has had such a profound impact on me.

When I was four years old, we moved to the Charleston area so that Dad could work at the Naval Hospital there. For the next eight years, my life was full of trips to the hospital to see Daddy and "the boys," and I always loved seeing the people that he worked with. Two of the men that I would always want to see were Dad's medical corpsman, Steve, who is one of the sweetest guys I have ever known, and Kevin, who was really the first black person that I had ever known personally, and he was incredibly wonderful. He was the funniest guy I think I have ever met, and he even had Thanksgiving dinner with us one year and brought his entire family over. Visiting Dad at work was always fun and exciting, but it was the people that he worked with that have had a profound impact on my life.

I think that the reason that there exists such a sense of brotherhood and camaraderie in the military is because life in the force is hard. It is not easy to be told where to leave, to have to move whenever you are told and uproot your lives and your children's with you, to go overseas, to fight when you are called, to be on duty for six months at a time, and overall to give your life to God and country. Knowing this, and having made a commitment to this lifestyle, people in the military are compassionate towards others who are in the same situation as they are, and they are forced to rely on those around them for comfort and support. I could not begin to tell you how many air craft carriers were owned by the military during the years I grew up, but I can tell you the names of the men with whom my father worked and the people all around the hospital that knew me and treated me kindly. When I think of life in the military, I think of those people and the "family-ness" that we had together, and I am glad that my father joined the Navy. Even though those people may not know the impact they had on a small child years ago, I know that they have significantly influenced my life and made military life mean so much more to me than it ever could have.

Sincerely,  
Mary Teal Mitchell



photo by Bart Jackson  
Mary Teal Mitchell accepts a certificate that entitles her to a \$1,500 scholarship towards her college tuition from Capt. Robert M. Zalaskus July 9 at the Naval Weapons Station Commissary. The scholarship was part of the Defense Commissary Agency Scholarship program.



# Security takes to the road a new way

By Susan Piedfort  
Navy Charleston Shoreline

Ten members of the Security Department hit the road patrolling the streets of Menriv Park Monday on two wheels instead of four.

They are part of the newly reestablished Naval Weapons Station Bicycle Patrol which offers a more visible presence in the neighborhood to ensure public safety and maintain good order and discipline.

Bicycle Patrols have long been a valuable tool used in law enforcement, according to NWS Security Officer Lt. Gilbert Clark, who re-established the program with the help of GSM1 Robert Cureton.

Ten Security Department personnel completed an extensive, state-certified program including a 40-hour bicycle course, in-class training, technical riding, endurance riding, and tactical maneuvers with the bicycle and patrol gear.

Several NWS patrolmen volunteered to ensure the Bicycle Patrol Officers were properly outfitted and ready to go. Clark praised Cureton and MA3 David Hickok for making sure the S.O.P for the bike patrol was approved up the chain of command. The men also spent several hours performing corrective maintenance on five patrol bicycles to be ready to ride this past Monday.

The patrol allows closer community contact, increased visibility, and allows accessibil-

ity to areas not readily reachable in regular patrol vehicles. The Bicycle Patrol does not replace any existing vehicle patrol, rather it gives the Bicycle Patrol Officers a "bike's-eye view" of road, pathway and bike-lane conditions.

"Bicycle Patrol Officers' objective is to provide physical security services, crime prevention, identification and apprehension of offenders and the protection of life and property," explained Cureton. They can also check for security violations or unusual/suspicious activity in areas not accessible by a patrol car. Each patrolman is equipped with a portable communication device and an installed hand mike for easy access.

The Bicycle Patrol is a permanent, year-round program, but the two-man teams will only be utilized if weather and manpower permits according to Cureton. The patrol must secure during black flag conditions, and to stay well hydrated they must carry a dehydration pack and a bottle of ice cold water mounted on the bike.

Despite the Lowcountry heat, those who volunteered for the patrol are enjoying the chance to be more interactive in the community instead of being enclosed in a patrol vehicle, Cureton said. They are staying physically fit while improving the relationship between the security department and the general public within the housing community.



MA3 David Hickok, left, and MA3 Natalie Christianhill patrol the MenRiv housing area recently. The two are part of a team established to provide a more visible presence in housing and ensure safety.



photo by MOMAU 11 PAO

## MOMAU Eleven gives back

Victoria Marshall accepts a check from YN1 (SW) Darrell Thomas, fundraiser coordinator. Mobile Mine Assembly Unit Eleven assisted in raising money for the Million Dollar Duck Race, an annual fundraising race for the Carolina Youth Development Center. The center helps inspire hope and create change for displaced youth in the Charleston area. LCDR Marquis Patton, commanding officer, MOMAU 11, left, was also on hand to present the check with MNCM(SW) Dave Walker, command master chief.



## Beginner and advanced lessons

time will be at 1 p.m.

Lessons for children, ages 6-17, will begin July 25, and will also be held every Sunday for five weeks. The time will be at 2:30 p.m.

Beginner and advanced golf lessons for ladies and men will begin in July at Redbank Plantation Golf Course. Lessons for children, ages 6-17, will also be offered.

Lessons for ladies will begin July 24, and will be held every Saturday for five consecutive Saturdays. The time will be at 9 a.m.

The men's lessons will begin July 25, and will be held every Sunday for five weeks. The

The one-hour lessons will include an introduction to irons, woods, chipping, putting and sand. Clubs will be available for those who do not have their own. Should the above days and times not suit you, or if you can make up your own group, we will try to work your time into a different class just for your group.

The lessons are \$50 per person and space is limited to the first eight paid people in each session. To sign up, call 764-7802.

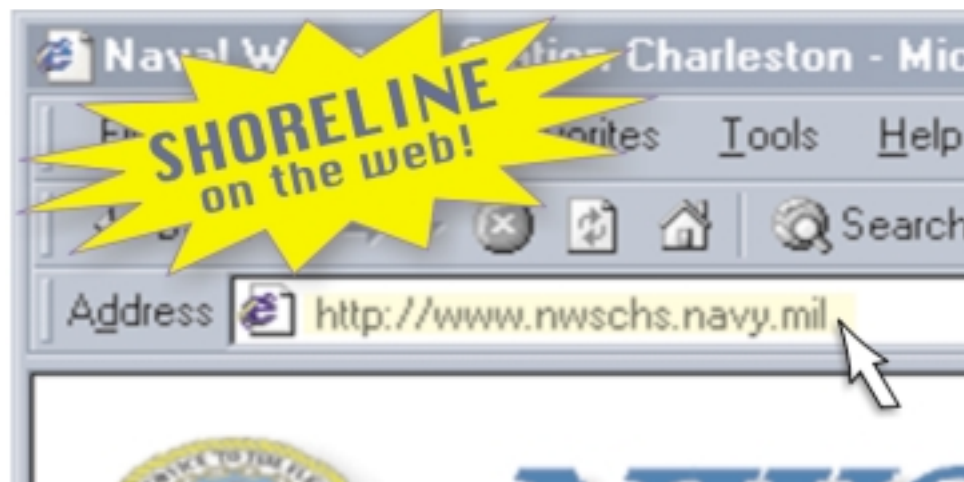






photo by JO2 Christal A. Bailey

## Center hosts Family Fun Day at Bowling Alley

Left, Kaitlin Plavney attempts a strike during the Fleet and Family Support Center's (FFSC) Family Fun Day July 15. Above, MM2 Terry Palmer of Naval Weapons Station Charleston wins gift certificates from Tommie Provost of the FFSC. The fun day was part of the Center's 25th anniversary celebration. For more information on the Center see page 12.

## Nurse Corps maintains readiness status

By CAPT R. E. Wheeler  
Naval Hospital Charleston

Navy Nurse Corps Officers stationed at Naval Hospital Charleston, an ambulatory care clinic, are assigned to platforms for deployment. Platforms range in a variety from fleet hospitals, hospital ships, surgical fleet teams and those assigned to the operational forces.

Many military hospitals throughout the services have been downsized to ambulatory care clinics, and many nurses that are assigned to platforms are not working in a facility where critical care skills are utilized. It was a decision by senior nursing and command leadership to take on the strategic challenge to ensure that nurses assigned to fleet hospitals are competent for their roles.

The Partnership for Preparedness Program was co-initiated by CDR S. Woolsey and myself with Medical University of South Carolina (MUSC) for Naval Hospital Charleston Nurse Corps Officers to maintain their readiness status.

Beginning February 2004, nurses from Naval Hospital Charleston started working on specialty units at MUSC to refresh their critical care thinking, management of acutely ill patients and implementation of their triage skills. LT David Gardner was the first Navy Nurse to experience

the program. "I worked in the Surgical-Trauma Intensive Care Unit and I've been stationed at San Diego and Pensacola working in the Critical Care and Intensive Care Units (ICU)," he stated. "These patients were like having the sickest ICU patient I have had in the Navy, except you have two of them. In terms of needs of the Navy, it was a must have experience."

Gardner said he feels our deployed troops need and deserve corpsmen, nurses, and physicians that are needle sharp in terms of preparedness. "The MUSC staff was stellar in their desire to teach and to ensure that every possible learning experience was available," he said. "I have already asked when I can go back. I think it was and is an integral part of keeping the nursing staff at NH Charleston clinically current and operationally ready."

Currently, there are three nurses on a six-month deployment. Six nurses have been deployed within the past year, while others will be deployed soon. The specialty areas of training at MUSC include working in the Intensive Care Unit, Emergency Room, and Medical-Surgical Units. Ten nurses have completed a two-week rotation at MUSC so far. All that have completed the experience have been excited about the opportunity and are ready to go again.



photo by JO2 Christal A. Bailey

## Mother Nature 1, Pier Edwards 0

Thunderstorms and their wind gusts left their mark on Pier Edwards July 11. While giving some respite from the heat, these storms often pack very strong winds. With the hurricane season just warming up, residents are encouraged to watch weather patterns and have hurricane preparation and evacuation plans ready.





**By Bart Jackson**  
**Navy Charleston Shoreline**

This issue we salute the people who work “behind the scenes” here on Station, making your work and recreational time more enjoyable. It doesn’t matter where you go, there’s always someone who toils effortlessly on a daily basis just to make your life a little better. They sometimes hold thankless jobs, and rarely get a moment’s recognition, but without them you’d be lost.

Why just this morning, you probably did laps at the pool. Did you ever stop to think of the person who cleans the pool? Maybe you went to The Redbank Club for lunch. Ever think about who cooked up all that fried chicken? Maybe you came in to work, and your trash can was not overflowing and the office was cleaned. Hmmm...ever wonder who takes care of such things?

Probably not, that’s why we have chosen to highlight these unsung heroes that work behind the scenes to make our daily trips to NWS Charleston, whether it’s for work or recreation, more enjoyable.



**Santiago “Sonny” Tualla**

*Mail/File Clerk - NWS Administration*

A 15-year veteran of the NWS Administrative team, Tualla started out years ago as a messenger, driving the mail truck. These days he’s responsible for all guard mail and postal service mail, as well as the metering of all outgoing mail. “I just love helping people, with their mail, filing problems...whatever it takes,” said Tualla. “I can make suggestions, whether people listen...that’s something else.” The one thing he does love is figuring out how to save the government money in their day-to-day operations. “Because that is saving me money too!” said Tualla.



**Herman “Bam” Mouzon**

*Maintenance Technician- MWR*

A 17-year veteran of the MWR team, Mouzon wears many hats, a general “I can fix that” kind of guy. But his primary duty is maintaining the base car wash. Mouzon started out as a maintenance helper. “If it was ever broken...chances are I’ve worked on it at some time or another,” said Mouzon. As he worked his way up through the ranks, eventually he was given the car wash as his primary concern. “I just love it,” said Mouzon. “Just getting to meet people from all over, and helping them out is what I enjoy the most.”



**Mathew Boyd**

*Aquatics Technician - MWR*

A two year veteran of the MWR team, Boyd found the transition to working with the aquatic facilities here on Station. “I worked in a chemical processing facility for years, so I always worked around chemicals before I retired” said Boyd. Now days he’s responsible for maintaining chemicals and cleanliness of the Stations two recreational pool facilities. “I just enjoy being around all these young people, it’s a great atmosphere, with no pressure,” said Boyd. “The maintaining of proper chemical balance is so important in the pool business. Just happy to be able to help out and do my part.”







## Jennifer R. (Jenny) Mayer

*Food Service Worker - NNPTC Galley*

Mayer is a five-year veteran of the Goodwill Industries team serving the NNPTC Rainbow Row Galley. "Jenny takes her job very seriously," said CSCS(SW/AW) Don Williams. Jenny was recently awarded the James R. Bohnenstiehl Achiever of the Year Award, as well as Goodwill Industries employee of the month. "Jenny is always focused and definitely has a can do attitude," added Williams. "I just love coming to work every-day to a job I love," Jenny said proudly. "And we're just as proud to have her on our award winning team here at the Galley," said Williams.



## Jean Cobbs

*Food Service Cook - MWR Fairway Grill*

She's a long way removed from that first wood stove she learned to cook on years ago. "My momma told me when I was young, 'If you're gonna' eat...you better learn to cook,' and I haven't stopped since. But I love it," said Cobbs. "I enjoy cooking for people. It makes them feel good, and that makes me feel good."



## Winnie "Pooh" Montgomery

*Food Service Cook - Redbank Club*

A 12-year veteran of the MWR team, Montgomery has recently been brought back into duty from retirement. She started out in food service years ago while her husband was stationed in Long Beach, Calif., where she was working in the galley. "I just love my job, making people happy is my number one job," said Montgomery. As a mother of eight, she's used to feeding the masses. When asked if she used any old family recipes in her food preparation, Montgomery replied, "Oh no, we have very strict guidelines as to how the dishes are to be prepared, but we are allowed to get creative with soups, from time to time."





Information & Referral (I&R)

Did you know? School starts Aug. 9 in Berkeley County. Do you want to volunteer in the schools as a mentor, teacher or office assistant? Call to volunteer on or off base. Did you get here before your furniture? Need to borrow bedding, pots, dishes, TV, VCR, or microwave? Where FFSC is located? Give us a call at 764-7294. If we don't know, we will research for the answer!

Counseling Services

School stressing you out or your family? Need to talk? Want to join a group to talk and learn together? Want to feel better about your goals? Just call and make an appointment for our free counseling. We have trained counselors to help you through this time. You can make an individual appointment or with your spouse. We visit some commands during the day to talk. If you are an active duty or retiree, spouse of an active duty, retiree, widow, widower or POW family member survivor, you qualify for our FREE and confidential services. Call 764-7294 for an appointment.

Do you know your Command Family Ombudsman?

Ombudsmen are your command family information and referral people. A command family ombudsman is there to answer questions or refer you to the correct resources. Each command has an ombudsman. If you have questions such as: special needs of family member, moving, childcare, or about activities within your spouse's command, call your command ombudsman or Tommie Provost, 764-7294, ext. 48 to find the name of your ombudsman.

WORKSHOP	DATE	TIME
Advance Resume Writing	Aug. 11	1:30-2:30 p.m.
Baby Basics	Aug. 3	9-12 p.m.
Breastfeeding Support Grp	July 26	1-3 p.m.
Infant CPR	July 27	9-12 p.m.

Pre-separation Counseling Monthly		
Playmornings	Every Wed.	9-11:30 a.m.
Spouse Orientation	Every Tues.	10 a.m.
Stress Management	Aug. 3	1-4 p.m.volunteer
Opportunities	Mon.-Fri.	8-4 p.m.
First-Time Homebuyers	Aug. 21	10-4:30 p.m.



photo by JO2 Christal A. Bailey  
Tara Fuller, along with the Fleet and Family Support Center staff, cuts the cake during a ceremony at the Fleet and Family Support Center July 13. The Center celebrated the Navy FFSC's 25th anniversary in July.



photo by JO2 Christal A. Bailey

'Under the big top!'

The two-year-old classes at the Naval Weapons Station Charleston's Child Development Center paid a visit to the "circus" July 16. Above, Kendall Campbell holds the reins as he takes his friends Aubrey Adkins, left, and Jakobe Booth for a ride in a carriage. At right, Kaitlin Audas plays a balancing act as she walks the tightrope. The two-year-old class hosted the event in their classroom, which was decorated with a mock circus tent, clowns and colorful ribbon. The kids participated in various games such as pin the tail on the donkey, and had the chance to get their faces painted.





# Leisure Times Lite

## LIBERTY Program

Unless otherwise indicated, Liberty trips and events are open to all hands of WPNSTA Charleston and its tenant commands (active duty, civilian and dependents, ages 18 and up). Sign up for these events at the Liberty office (building 206, NNPTC Circle). The Liberty office is open from 8 a.m. until 5:30 p.m., Monday through Friday. Call 764-7002 for more information or check us out on the MWR website at [www.mwr.nwschs.navy.mil](http://www.mwr.nwschs.navy.mil).

## Scuba Diving, Aug. 7, 7 a.m.

Certified divers can take advantage of this opportunity to explore Edisto 60. The price is \$85 if you have your own equipment and \$105 if you need to rent equipment. Sign up by July 30.

## Pool Tournament, Aug. 3, 5:30 p.m.

Stop by The Dive and compete for great prizes in our biweekly pool tournament. The only charge is the cost of the game. Prizes include gift certificates to the NEX. Open to all active duty.

## Outdoor Adventure Center

### Bike Ride, July 28, 5:30 to 7 p.m.

Join our guide for a mountain bike ride on one of the local trails at Marrington Plantation. If you need a bike, we will give you one to try out for the evening. Or bring your own ride. Participants will meet at the Outdoor Adventure Center at 5:30 p.m. and ride out by 5:45 p.m. Participant limit: nine. Pre-trip: none. Required gear: mountain bike (provided for \$5 if needed) and helmet.

Exertion level: moderate. Prerequisites: none. The sign-up deadline is July 27.

## Grimey Gripper, Aug. 7, 10 a.m.

Don't miss this exciting climbing competition at the Outdoor Adventure Center Climbing Center. There are six competition categories; the pre-registration fee for each category is \$5 per person (\$8 per on the day of the event), which includes the competition, pizza (for registered climbers) and a chance to win prizes (drawn randomly). Registration is open until the day of the competition. Competition day registration is at 9 a.m.

Sign up for these outdoor recreational opportunities at the Outdoor Adventure Center. The Outdoor Adventure Center is conveniently located on Fletcher Street in Building 1700, across from Cap'n Robert's Dive. Hours of operation are: Monday through Friday, 10 a.m. to 7 p.m.; Saturday, 8 a.m. to 4 p.m.; and Sunday, 1 to 4 p.m. Call 764-2122 for more information.

## PAYS certification

In order to register your child for youth soccer, parents must attend a mandatory Parents Association for Youth Sports (PAYS) certification class. A PAYS certification class is scheduled for July 28 at 5:30 p.m. at Cinema One Theater. You can also take the PAYS certification class online by going to the PAYS website at [www.nays.org](http://www.nays.org), and clicking on the PAYS logo and looking for the On-line program link. From the On-line program home page, select "SC-Naval Weapons

Station," type the code 1115, then click Next. There is a \$6 fee for taking the PAYS certification class online. The fee can be charged to your credit card. The \$6 fee will be credited to your child's youth soccer registration fee. For more information, call 764-7530.

## Hip Hop classes

Hip Hop exercise classes are offered at the Group Exercise Room. The one-hour classes are held every Thursday from 5:30 to 6:30 p.m. and include funky music video-type routines performed by today's top music and dance artists. The classes are for adults and children (ages 12 and up) and the cost is \$25 per month. Call 764-4173 for more information.

## Massage therapy

Massage therapy is available at with certified massage therapist, Althea Donahue. Fees are \$25 for 30 minutes, \$50 for 60 minutes and \$75 for 90 minutes. Donahue specializes in Swedish massage, deep tissue massage and neuromuscular massage. She is available seven days a week, however, massage appointments must be scheduled in advance. For an appointment, call 324-4887.

## Back to school scavenger hunt

The Library will have a back to school scavenger hunt July 31 from 11 a.m. to 1 p.m. Children ages 5-12 will be given a clue. When he or she finds the book, they will win a school supply. They are then given other clues and continue hunting until the time is up. For more information, call 764-7900.

## August is Clown Month

To celebrate, the Youth Center's clown will visit the Library Aug. 5 from 10:30 to 11:30 a.m. Come and enjoy the face painting! All ages are welcome and it is free. For more information, call the library at 764-7900.

## Youth soccer registration

Youth soccer registration will be held through July 30 at the WPNSTA Youth Center. Boys and girls (ages 4-14) may register. The cost is \$40, which includes shorts and jersey. The season will run from mid-September through November. Call 764-7530 for more information.

## Child Development Home

The Child Development Homes (CDH) program can save you money on a weekly basis by offsetting fees for children under three years of age of active duty personnel.

To see if you qualify for the subsidy program, take your most recent LES (for both husband and spouse) to the CDH office at 66 Von Steuben Street. By calculating your total base pay, housing allowance and basic subsistence allowance, the CDH office will determine which income category your family falls under. Then, the CDH subsidy scale determines how much money you will pay your provider for childcare, as well as how much money the subsidy will pay. The CDH can subsidize up to \$90 per week for some families.

For more information, contact the CDH office at 764-7347.

# Family & Housing News

## July's Yard of the Month Winners

Congratulations to the following residents for being July's recipients of the Yard of the Month award. Their dedication and hard work in keeping your lawn well maintained not only enhances the appearance of the entire street but also the appearance of the entire housing area!



IT1 and Mrs. Michael Newman  
303 Pulaski Court South



MM1 and Mrs. Timothy Ewell  
31 Sunbird Street



SK2 and Mrs. Jonathan Staercke  
48 Tecumseh Avenue



LTJG and Mrs. Michael Parker  
47 Hickory Hall Lane

## BACHELOR HOUSING NOTE

Inspection of interior and exterior vacant units and rooms are conducted daily for cleanliness and maintenance problems. Our building managers also verify that vacant billeting spaces are, in fact, vacant and ready for occupancy.

Tenants are requested to

immediately report any maintenance problems (A/C, lighting, faucet leaks, etc.) to the Front Desk at Bachelor Housing. As a reminder, residents are required to file Intent to Vacate providing a 21-day advance notice, and schedule pre-termination and check-out inspections.

If your status or PRD has changed, please stop by the Front Desk and have your information updated.

If you have any questions you may contact SHCS (SW) John Grimes at 764-7646.

